

MENTAL TRAITS LISTS

Mannerisms

1	Randomly changes accents	51	Wears ribbons
2	Stutters	52	Avoids mirrors
3	Speaks slowly	53	Purses lips
4	Speaks quickly	54	Constantly frowns
5	Speaks quietly	55	Constantly smiles
6	Speaks loudly	56	Never shows emotion
7	Always speaks in monotone	57	Gestures wildly
8	Stresses words oddly	58	Gestures theatrically
9	Often says the wrong word	59	Gestures violently
10	Uses large words	60	Rubs temples
11	Uses only one syllable words	61	Rubs car
12	Rarely speaks	62	Rubs nose
13	Often speaks in singsong	63	Rubs chin
14	Treats statements like questions	64	Chews lip
15	Talks until breathless	65	Licks lips
16	Forgets to breathe	66	Grits teeth
17	Often hyperventilates	67	Furrows brow when thinking
18	Uses slang	68	Arches one brow
19	Never swears	69	Raises both brows often
20	Uses archaic terms	70	Blinks frequently
21	Uses no contractions	71	Eye twitches
22	Forgets words	72	Squints
23	Babbles	73	Widens eyes
24	Mutters to self	74	Narrows eyes
25	Always mutters	75	Yawns loudly
26	Brags	76	Sings at random
27	Whines	77	Whistles often
28	Loves onomatopoeia	78	Never shows coin
29	Titters	79	Clicks tongue
30	Laughs loudly	80	Sucks in cheeks
31	Laughs silently	81	Snaps fingers
32	Never laughs	82	Tries to snap fingers but can't
33	Snorts	83	Drums fingers
34	Sneers	84	Shrugs often
35	Hisses	85	Spits
36	Fidgets	86	Coughs when nervous
37	Randomly spasms	87	Clears throat often
38	Randomly twitches	88	Never seems to understand
39	Has a facial tic	89	Always hears innuendo
40	Is always moving	90	Doesn't understand sarcasm
41	Stops abruptly	91	Misses social niceties
42	Sits perfectly still	92	Often touches listener
43	Likes to fiddle with objects	93	Invades personal space
44	Fiddles with hair	94	Always stays far from others
45	Often primps or preens	95	Affects nobility
46	Carries a pristine handkerchief	96	Affects alternate identities
47	Pulls at clothing	97	Gives others nicknames
48	Straightens clothing	98	Always appears in control
49	Wears too much clothing	99	Never appears in control
50	Fondles jewelry	100	Often paces

Personality

1	Optimistic	51	Prudish
2	Penny-pincher	52	Noble
3	Spendthrift	53	Morbid
4	Self-serving	54	Diplomatic
5	Self-effacing	55	Provocative
6	Self-righteous	56	Quick to start a fight
7	Always has to be right	57	Loyal
8	Arrogant	58	Upright
9	Sexist	59	Polite to a fault
10	Ageist	60	Mediator
11	Racist	61	Delusional
12	Rude	62	Often hallucinates
13	Sarcastic	63	Holds a grudge
14	Nonchalant	64	Masculine
15	Superior	65	Feminine
16	Domineering	66	Easily frightened
17	Adulterous	67	Complimentary
18	Emotionless	68	Everyone's friend
19	Over-emotional	69	Trusting
20	Joker	70	Slow to trust
21	Humorless	71	Easily embarrassed
22	Patient	72	Cultured
23	Impatient	73	Swaggering
24	Good-humored	74	Braggart
25	Forgiving	75	Self confident
26	Quick to take offense	76	Modest
27	Compassionate	77	Helpless
28	Hates authority figures	78	Likes to take orders
29	Bureaucratic	79	Hates being given orders
30	Aristocratic	80	Natural leader
31	Gentle	81	Fast talker
32	Tactless	82	Impossible to embarrass
33	Insensitive	83	Childlike
34	Sensitive	84	Never gets angry
35	Considerate	85	Expressionless
36	Self-sacrificing	86	Insecure
37	Addict	87	Practical
38	Generous	88	Flamboyant
39	Jumpy	89	Always chipper
40	Flirtatious	90	Inscrutable
41	Charming	91	Paranoid
42	Overly cheerful	92	Intellectual
43	Easily frustrated	93	Idealist
44	Ruthless	94	Realist
45	Introvert	95	Dreamer
46	Extrovert	96	Plays dumb
47	Promiscuous	97	Irritable
48	Impulsive	98	Naïve
49	Irresponsible	99	Unable to relax
50	Lighthearted	100	Pessimistic

Fears

1	Darkness	11	Being touched
2	Bright lights	12	Crowds
3	Spiders	13	Being alone
4	Flying insects	14	Dirt
5	Being stung	15	Four-legged animal
6	Open spaces	16	Flying animal
7	Closed spaces	17	Fish
8	Murky water	18	Monotony
9	Blood	19	Sleeping
10	Bodily fluids	20	Opposite gender

Fondnesses

1	Sweets	11	Dangerous places
2	Soft things	12	Being surrounded
3	Shiny things	13	Being alone
4	Pointy objects	14	Perfect order
5	Insects	15	Specific color
6	Scales	16	Con games
7	Facial hair	17	Fish
8	Routine	18	Art
9	Gambling	19	Music
10	Chaos	20	Other social class

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